

# WEEKLY PLANNER

**Plan Tasks** (number in terms of priority)

a  
a  
0  
1

p  
p  
p  
p  
p

**Fun/Relaxing (Rewards)**

p  
p  
0

Time	Monday	Tuesday	Wednesday	Thursday			
8							
9							
1							
1							
2							
3							
4							
5							
6							
7							
8							
9							
1							

Readings this week