



STUDYING WITH FRIENDS

Student Life - Counselling Support

Žneci 'UfY' \Uj]b['fci V'Y'a ch]j Uh]b['neci fgY'Zhc' ghi Xnž]hia UmVY'VYVU] gy.'

neci ' \Uj Y'hc c'a i W'hc'Xc'UbX'Xcbfni_bck 'k \YfY'hc'ghUfhi
hc c'a i W'XYdYbXg'cb'hY'fYg' 'hg'UbX'neci 'UfY'hc c'gWfYX'hc'ghUfhi
neci 'UfY'U'dYfZYV]cb]ghžneci 'k Ubh'hc'Xc']hdYfZYV]miUbX'WUbfni' c] Y'
cb'hc'hY'bYI h'Ug_'
neci 'YI dYf]YbW'h]a Y'a UbU[Ya Ybh'X]Z]W'h]Yg'
neci 'UfY'YUg]m'X]ghfUMYXžYj Yfnt]b['Y'gY']g'a c'fY']bhYfYgh]b[''
fY"[''g] fj Ym]b['h'Y'Z]X[YĚ'
neci f'fYUgcbg'Zcf'ghi Xn]b['UfY'i bWVUf'
cf'U'UW'cZ]bhYfYgh]b'h'Y'g] V'YV]a UHf]U'
neci 'UfY'YI dYf]YbV]b['dYfgcbU'X]Z]W'h]Yg'h'Uh'UfY'a U_]b[']h'
X]Z]W'h'hc'ghi Xn]'

Ghi Xn]b['UcbY'gca Yh]a Yg'a U_Yg'h'YgY'dfcV'Ya g'gY'Ya 'k c'fgY''': Y'Y]b['
XYdf]j YXž`cbY'mUbX'VcfYX'WU]a U_Y'h'Y'dfcgdYV]cZghi XmiUa cgh
]a d'cgg]V'Y'' 'āia UmVY'k c'f'h'k \]Y'hf]U]b['U'ghi XmiUffUb[Ya Ybh'k]h' U'
Z]YbX'''' 'āiXcYgobfni'bYYX'hc'VY'k]h']gca YcbY'Xc]b['h'Y'g]a Y'g] V'YV]c'f'
Yj Yb'h'Y'g]a Y'Vēi fgY'' 'āYU'm]h]g'k]h']gca YcbY'neci 'Yb'ēmgdYbX]b['
h]a Y'k]h' 'k \ c']g'Vēa a]h'YX'hc'ghi XmiUbX'k \ c']g]g] ddcfh]j Y'cZneci f'
[cUg''''

Gca Y'ghi XYbhg]Z]bX'ghi Xn]b['hc[Yh'Yf'hc'VY'Ub']bj Ui UV'Y'dfcWgg'' 'āf]j U'
V]h']_Y'ē]b]b['U[nā žneci 'UfY'a c'fY']_Y'mhc']_YYd[c]b[']Zneci '[c'k]h'
gca YcbY'Y'gY''';]j Yb'U'W'c]W'k Y'i g] U'mdfYZYf'hc'k cf_ 'Ucb[g]XY'ch'Yfg'
hc'fYUgg] fY'ci fgY'j Yg'h'Uh'k Y'UfY'bch'UcbY']b'h'Y'k cf'X'k \ Yb']h'Vēa Yg'
hc'Y'Zcfh'UbX' \ UfX'k cf_''

Žneci 'fmi]ž'h'YfY'UfY'gca Y'dfYfmi]a d'cfh'Ub'h'h]b[g]hc'h'h]b_ 'UVci h''
Ghi Xn]b['k]h' U'Z]YbX'fēf' [fci d'cZ]Z]YbXg'WUbfni'VY'Ub'YI W'gY'Zcf'U'W'UH''
'ā]g]U'a i hi U'Vēa a]h'a Ybh'hc'Yb'Vēi fU[Y'UbX'g] ddcfh'YUW'ch'Yf'bch'
X]ghfUM]UbX'gUVchU[Y''

6YZcfY'neci 'VY[]b'X]gWgg'h'Y'Zc`ck]b[.!'

K \Uh'UfY'neci f'bYYXg'UbX'k \Uh'UfY'neci f'a cgh]g[b]Z]W]bh'
X]Z]W'h]Yg3'fY"[''Mēi 'bYYX'fYU'm[ccX'a Uf_g'hc'di ``i d'U[fUXY'
Z]ca '%gh]gYa Ygh'f'Vi h'neci 'WUbfni[Yh'ghUfYX'UbX'i g] U'mghcd'Uh'
X]Z]W'h'd'UW'g'Ě'

7ci bgY`b['Gi ddcfh]g'Uj U]UW`Y'hc'Ugg]gh'ghi XYbhg'k]h' dYfgcbU`
X]Z]W`h]Yg'h.Uh'UfY'UZZYV]b['h'Y]f'ghi Xm''

H'Y'gYfj]W'dfcj]XYg'

ϕX]j]Xi U`7ci bgY`b['VmUddc]bha Ybh'
HY'Yd\cbY`7ci bgY`b['VmUddc]bha Ybh'
A YbhU` \YU'h' Ya Yf[YbV'h'fYgdcbgY'

Counselling Support

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H.]g'dUa d\`Yh'k Ug'k f]h'Yb`Vm: `]bXYfg'l b]j Yfg]hmi< YU'h' `UbX`7ci bgY`b[`.
GYfj]Wg'UbX`\ Ug'VYYb'fYdf]bhYX`Ug'dUfhicZU`Vt`UVcfUhj Y'dfc`YV'h'
VY'hk YYb'h'Y`Vt'i bgY`b[`gYfj]Wg'Uh: `]bXYfg'UbX`5XY`U]XY'l b]j Yfg]hmi''
A cX]Z]YX`VmGh' XYbh'@ZY`7ci bgY`b['Gi ddcfh''

FYj]Yk YX': YV`&\$%t'