Experiencing cyber abuse from within your university community can have a serious and negative impact on your mental health, wellbeing and ability to access or complete your studies. All university students should feel empowered and confident speaking up if they experience or witness any form of bullying or abuse — online or offline.

Managing incidents

When an online incident involves university staff or other students, refer to your university's relevant policies or code of conduct alongside the advice in this guide.

If you believe you are a target of cyber abuse and are feeling unsafe right now, call the police on Triple Zero (000) or contact 1800RESPECT (1800 737 732).

Remember, your safety is important. If an abusive person learns that you are seeking resources and information, their behaviour may get worse. To help manage the abuse, learn more and connect with support.

You can also learn more in eSafety's cyber abuse response guide — a valuable resource that outlines different forms of cyber abuse and ways to respond. Share this resource with any friends or classmates impacted by cyber abuse.

General guidelines:

- If another student is targeting you online, consider raising this with your tutor or lecturer, the course coordinator and/or your university's student safety or welfare officers.

- If a university staff member is targeting you online, approach another staff member in your school or