# Sewing and Other Methods of Leaf Attachment

Cover to Cover: Exposing the Bookbinder's Ancient Cra



Once the sec ons had been collated, the next step in the binding process was to sew them The purpose of sewing was to connect the leaves in such a way that they would be firm and yet easily opened when bound; it also provided the best means of at aching the book to its cover.

There were many di erent types of sewing methods. Most of them, however, required the use of common materials and equipment. These included: linen thread of a thickness appropriate to the size of the book; a needle; beeswax to facilitate the needle and thread in piercing the binding; unbleached linen tape or hemp cord; paper; a pencil and ruler, and most importantly, a sewing frame and its brass keys. Here's how the binder used these materials to complete some of the more common sewing systems:

#### Flexible Sewing on Raised Hemp or Linen Cords



An exact abridgment of all the statues in force and use from the beginning of Magna Charta. Edmund
Wingate et al. 1689
Flexible sewing on raised cords.

Raised cord sewing was the method most o en employed un I the mid 18th century. Essen ally a form of 'all along' sewing, in which the thread ran up and down each sec on and around the sewing supports uninterrupted, it was probably the strongest and ghtest of all the sewing systems. Although examples of it have been found on vellum bindings as early as the 9th century, when leather thongs were used in place of hemp cords, it was a method typically associated with leather bindings could be easily iden fied by the raised bands which divided the book's spine into compartments, at least one or two of which would later be filled with the and author informal on.

To sew using this method the book first needed to be 'marked up'. If a book was to be marked up for five cords, for example, a strip of paper was cut the width of the spine and about one quarter of an inch longer than the book. One eighth of an inch was then mathrake is, othersize that the about one quarter of an inch longer than the book.

would eventually form its cover. The length of the strip was then measured and divided by six. the purpose of aesthe cs, the space between the last band and the tail of the book was usually slightly larger, so a frac on was taken o the measurement to allow for this and the distance marked on the strip with a pencil. The head and spine of the book were then 'knocked up' or squared, the strip of paper laid against its spine, and the measurements transferred to the back of the sec ons using a gle and strong pencil lines. At about a quarter of an inch from either end of the spine a mark was made for the ket les tch, the chain that would secure one sec on to the next.

The sewing frame, examples of which can be seen below, was then strung Five loops, known as lay cords, were hung from the cross bar and five

sec on below it but again to the one below that. The thread was then cut and le between the sec ons. Finally, the book was removed from the sewing frame. By pulling on the loose ends of the linen or hempen cord that had been hung from the lay cords, the knot was automa cally un ed and the brass ke

the needle and thread and pushed it out, this me on the right simply took the thread over the cord and pushed it back inside the sec on on the cord's le. thread never encircled the cords as such; it simply passed over them, leaving the majority of it visible on the inside of the sec ons only. Future sec ons were added and sewn in the same way, and linked together at head and tail by means of the ket les tch as used in raised cord sewing.

'Flexible Not to Show' Sewing

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Virtually a cross between raised and recessed cord sewing, the 'flexible not to show method was devised in the 19th century. It involved marking up the back of the book as in recessed cord sewing.

half an inch from both the head and tail. The posi on for the middle tape was centred between the two, where a pencil mark was made slightly wider than the width of the tape to be used. The final two tapes were posi oned in the middle of the centre and the respec ve ket les tches. were marked up slightly wider than the tape width.

Se ng up the sewing frame for tapes required a di erent set of brass keys to those used for cords.

more rectangular in shape and included a straight bar over which the tape could be passed.

of tape to a length which allowed ample working space between the frame's crossbar and its bed, usually twelve.

The cord was then fric on ed to the brass key which, in turn, was pushed through the slot of the frame

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out on the le side of the next cord and the thread inserted on the right side of the sec on below, and so on along the length of the book. Importantly, the first and last two sec ons of the book were s Il sewn in an all along method to give added str

The work was then removed from the frame in the manner as for flexible raised cord sewing.

Although it might appear a complicated method of sewing, once mastered its benefits were For a book sewn on five cords, there would only be three s tohes of thread inside each sec on, as opposed to six for a book sewn all along. It essen ally reduced the amount of swelling in the back of the book by half.

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once they have been marked up, and before sewing. It can also be used to push holes through card

#### Thread Tension

Whilst sewing, it is vital to keep the tension of the thread even throughout the book. If the sewing is too loose the sec ons will sag; too ght and the thread will strain. Similarly, the two ket les tches must be ghtened evenly so as to avoid one en

the back of the book begins to swell too much, a loaded s ck (a wooden s ck loaded with lead at one end) can be used on top of the sec ons, between the cords or tapes, to gently tap down the paper.

## }μš Z}μ À-Peropha©

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The substance used in a caoutchouc binding is o en referred to as Gut a percha. Whilst both of these materials are formed primarily from the sap of trees, that's really where the similarity ends. Caoutchouc is a natural rubber which is harvested in the form of latex, mostly from the Pará rubber tree (Hevea brasiliensis), which is na ve to South America. The scky latex is drawn o of the tree by making incisions in its bark and collecting the fluid in vessels. It is then refined into rubber. Importantly, it can also be vulcanised, that is, heated to improve its resistance and elascity. The uncured rubber finds its way into cement in (the America and elascity).

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and the tapes or fabric, whichever is used. In order to reduce the swell in the back of the book which would be caused if the staples in the various sec ons were all inserted in a corresponding posi on, the machine is so constructed that each staple forming apparatus has two or three shi s whereby the staples in adjoining sec ons are inserted in di erent posi ons so that there appear on the back two or three mes as many rows of staples as there are staples in each sec on."

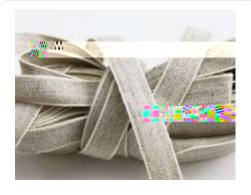
Unfortunately, wire was prone to rust, ro ng both the paper and the fabric lining to which it was In me, the binding would become brit le, eventually breaking down altogether. Conserva on of these volumes was challenging since every single fold needed to repaired first and then resewn. This meant that only the rarest and most valuable books were deemed worthy of conserva on.

On display in this cabinet were the following sewing supplies:







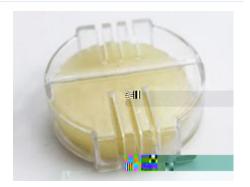












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