



## TYPES OF FIRST AIDERS AND TRAINING REQUIREMENTS

### Nationally Recognised Training providers

Note: This table summarises the level of competency for the most popular training courses.  
 For more specialised and advanced training courses, refer to the Recognised Training Organisation's website.

FIRST AID COURSES - NATIONALLY RECOGNISED		
First Aid types	Relevant National Course	As a guide Duration of Course
Provide cardiopulmonary resuscitation		
Provide basic emergency life support		
Provide first aid		

	First Aid Management		12 July 2019	
			12 July 2022	2 2